

Mountain Apples, Pecans, and Crabs

Strange title, don't you think! Three things that don't really go together. I can't even think of a good recipe that uses all three together. However, as we are still in the "get-to-know-you" season, these three foods that are special to me. October, being harvest season, is a good time bring you into the know. October is apple season for those near the mountains. If you're going there any time soon, bring me back a bushel, my family eats them up fast. Amanda likes Granny Smiths and I am a Honeycrisp or Gala fan. While I'm on the topic of harvest time, it's the Pecans and Crabs that are more personal.

While not quite ready yet, Pecans become more ready for harvest in NC in November. But Pecans run deep in my soul. They produce very well in Johnston County where I grew up. My grandfather, a lifelong farmer, sitting at his TV at night picking through a 5-gallon bucket of pecans every night is a memory I cherish often. And I could eat them about as fast as he could pick them. A relaxing activity like this is much more therapeutic to the soul than scrolling the phone. And give me the chance now, I would love nothing more than to do the same thing in the evenings. For a good pecan pie is just about my favorite dessert, and freezer full of pecans can only help that cause.

Except here now living at the coast, and thanks to my boys, a new hobby this summer is filling up our freezer with something else. Crab meat. Crab harvesting is coming to a close, but Isaac and Nathan have become quite the crabbers, leaving me 25+ crabs a week to cook and clean by the TV in the evenings. A bit messier than pecans, but the process honors the same nostalgic feeling. The freezer is becoming quite full of crab meat too.

The harvest, requires hard work, it requires discipline, but it is filled with rewards. Even if it's hard to get to like mountain apples, tough to crack like pecans, or messy like crabs. So much of the Christian life, including the service work we do, doesn't always make it easy to see the fruit. Neither is it easy to gather together. However, I promise you it's there to behold. Jesus says "the harvest is plentiful." Jesus is doing great things here, so much of it is obvious to see, so much more just waiting to get cracked.

See you Sunday,

Stephen
—
Stephen

Our College Students Need Some Love from Home!!

On October 25th, our youth will assemble college care packages, & they would like to team up with the whole congregation to collect items. We'd also love some donations to help pay for postage!

COLLEGE CARE PACKAGES



DONATIONS NEEDED:

Package Donation Ideas:

Ramen Noodles, Instant oatmeal, Easy Mac, Pop-tarts, Protein bars, Beef jerky, Individually wrapped candy/gum, Rice Crispy Treats, Individually packaged drink mixes, Highlighters, Pens, Pencils, Tape, Sticky notes, Chapstick, Band-aids, Individual packs of Kleenex, Coffee/tea bags, Stain removing wipes.

Please bring boxes of each item with individually wrapped pieces and we can distribute them between the boxes.

Our College Students are:

Billy Berryman, Dan Brown, Kymani Bucknor, Pia Drummond, Foster Guns, Lexi Hsia, Judah LaCroix, Jasmine Lewis, Zech Lucast, Liam Minnich, Maliky Naser, London Russell, Lucy Stecher, Abby Wallace, Skye Wells, Sadie Wilkinson

Please turn in all donations by October 25th.

Please drop off your donations at Amy's office. If you would like to donate money to help us pay for postage, please send a check to the church office marked "College Care Packages" in the memo.

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Handwritten notes: Write all of our college students or just a few. Please put your completed notes in an envelope marked with the student's name, and then put them in Amy's box by October 25th.



Duck Men Breakfast!

We didn't get all the world's problems solved at our September meeting but hope springs eternal. We need your wisdom.

Come join us for our delicious **Stack'em High** breakfast on Saturday, October 10 at 8AM at the church. We're making plans for BBQ fundraiser and we need you to do your part. *See you there!*

Jim Cotter
Duck Men Secretary

The Duck
Methodist Women

Our Next Meeting
October 1st, 9:30 AM

"Happy Fall, Ladies!" If you look closely a few of the leaves are changing color and the days are getting just a bit shorter. Fall is here! Fall begins so many things here at our church. New Bible Studies and the resumption of other activities. Last month we took a look at where our ladies' group has come from since we began meeting again after our church decided to leave the United Methodist denomination and join the Global Methodist group. We looked at ways we could streamline our leadership offices and make things easier for newcomers to understand what we do. We asked each of you to pray about the minor changes we wish to make as we will vote at the October meeting about this. We are also going to take a look at the Global Methodist Women's leadership above the church level and answer some of your questions about the part they do or do not play in our local group. And, of course, we will have goodies and time for just visiting with one another to strengthen our friendships and love for one another!

Please come and join us on Thursday morning, October 1st at 9:30 AM. for goodies and visiting with the discussions starting around 10:00 pm and a bit of business to follow at the end. We were thrilled with the good group of you who showed up in September! It was so good to be together again after the summer break! See you in October!!

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Lynda Park
Co-President"

October BIRTHDAYS!

10/7 - Carrie Ferry	10/21-Kennette Joyner
10/8 - Chloe Kreiser	10/22-Robyn Dozier
10/9 - Joshua Naser	10/23-Alexander Kiouis
10/10-Buddy Byrum	10/25-Suki Holian
Helen Ford	10/27-Richard Dail
Lorelai La Pierre	10/28- Shelby Miller
10/15-Barbara Ballard	10/31- David Daniels
10/18-Ginny Heinrich	Bud Miller
Emilia Kiouis	
Vivian Pigott	

*Happy Birthday
to All of it!*

If your birthday is this month but not listed, please call the church office to be included next year.

Take The Time to Welcome Our Guests.

*Do not neglect to show hospitality
to strangers, for by doing that
some have entertained angels
without knowing it.*

Looking for a Great Way to Give with Ultimate Rewards...?

Give Your Time... Your Energy,
Your Encouragement, Your Prayers...
Your Heart.





Serve.



Gears and Pulleys and Belts, Oh My!

Well, it's October when a young man's fancy lightly turns to thoughts of..... **the corn harvest of course!**
What did you think I'd say?

I grew up on a farm where gears and pulleys and belts are everywhere. The pictures show the gears and belts on a combine - a corn harvester - and how they work together to accomplish the job of separating corn kernels from the cob. A harvester is made up of hundreds of moving parts. Each gear is essential to the workings of the entire combine. Every gear has a different size and different job. Some gears are easy to see on the side of the harvester and some are deep inside the machine.

But every gear matters. If one gear decides "I'm not important" and stops turning, the entire machine is affected. You can compare the harvester to Duck Church. The engine is Jesus. He provides the power and is the source of the church's life and strength.

"For apart from me you can do nothing." - John 15:5

The gears are the people in the church and each has a specific purpose. Some gears are large, some small, some turn quickly, others slowly. Every person in a church has a different role and different gifts.

The transmission is the church leadership. The transmission directs the power where it needs to go. The pastor and the leaders help to guide and coordinate the gifts and efforts of the congregation. Here at Duck Church, we have a Governing Board and a Ministry Council that fulfills this mission.

The belts and chains represent relationships. They connect different parts of the machine. Relationships connect people together so that the work of the church isn't done independently - we're all part of the same team with one goal.

The cutting head represents ministry. It does the work of gathering the crop. The church likewise has a mission: to serve, reach people, make disciples, and gather people into God's kingdom.

The harvested grain is the fruit. The goal isn't simply for the machine to run. The goal is the harvest. The church's goal isn't to have programs and meetings, but to produce spiritual fruit and bring people to Christ.

The pastor can't do it all. The musicians and choir can't do it all. The teachers can't do it all. The people who serve behind the scenes can't do it all. But when everyone does his or her part, the church moves forward and the harvest is gathered.

Paul figured it out and presents his analogy in 1 Corinthians 12-27 (partial): "For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. For by one Spirit we were all baptized into one body - whether Jews or Greeks, whether slave or free - and have all been made to drink into one Spirit. For in fact the body is not one member but many".

The church is much the same. God has placed each of us here with different gifts, abilities and responsibilities. We don't all have the same job, but we are all part of the same body. That combine harvester I used to operate needs all it's parts working together to accomplish the goal.

So, this is a call to you and your heart to get engaged in our church if you're not already engaged. Your gears are needed to make the church run smoothly. Pastor Stephen can't do it alone. Amy can't do it alone. Brooke can't do it alone. Our Sunday school teachers can't do it alone. You can start by praying for our students in school this year. Or call a neighbor to check on them. You can do it. I can do it. We all can do it. See you in the corn field. Time to get to work.

Amen? Amen.

Jim Cotter

Ministry Council Chair

Real Authority Only Comes in Complete Submission to God.

JOSHUA'S MEN: FALL 2026/WINTER 2027

The men of Duck Church are invited to join Joshua's Men on Monday nights. The group starts meeting October 5th from 6:30 to 8:00 PM. They share a meal, pray, have a small group fellowship and scripture teaching. If you are interested or need more information, contact Chap Moore. He is the groups' facilitator.

Or better yet, just show up Monday evening! Feel free to bring a friend.

Fall 2026: October 5th - December 14th (except Thanksgiving Week)

Every Monday, 6:30 - 8 PM

Winter 2027: January 11th - March 15th

Every Monday, 6:30 - 8 PM

*These meetings will end at 8 PM sharp!

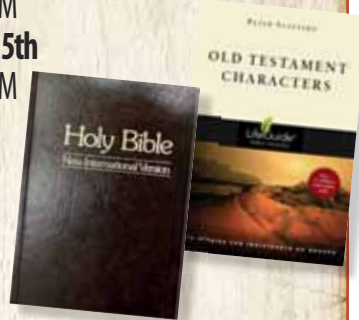
*Weather call at 4:30 PM

Reference resources:

Old Testament Characters • Peter Scazzero,

Life Guide Bible Studies • Inter Varsity Press

Holy Bible • New International Version



Schedule of Monday Evening Meetings

October 5th: Jonah: Running From God • *Jonah 1:1-3:3*

October 12th: Hannah: Praying in Pain • *1 Samuel 1*

October 19th: Samuel: Hearing God's Voice • *1 Samuel 3*

October 26th: Abraham: Following God's Call • *Genesis 12*

November 2nd: Caleb and Joshua: Overcoming the Impossible • *Numbers 13:26-14:10*

November 9th: Elijah: Knowing God's Power • *1 Kings 18:16-40*

November 16th: Achan: Sin in the Community • *Joshua 7*

November 23rd: NO MEETING - THANKSGIVING WEEK

November 30th: King Saul: Doing Almost God's Will • *1 Samuel 15:1-23*



JOSHUA'S MEN



Sunday, October 25th, we'll have church in the back parking lot at 10:00AM. Bring your lawn chairs, and possibly a sweater, and come to worship in the back. Afterward, we will have hamburgers and hot dogs, tailgate style.

Wear Your Favorite Team Shirt or Jersey!

It's a great time for fellowship. In case of rain, we'll meet indoors. **There will only be one service that Sunday**, so join others from different services that you don't normally get to visit with. **See you sound side!**

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TOWN OF DUCK
NORTH CAROLINA

Trunk-or-Treat

Creep it real this Halloween!

Saturday, October 17
4:00-6:00 p.m.

Presented By:

TOWNE BANK
Serving Others. Enriching Lives.

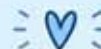
OPPORTUNITY TO SERVE

Each Sunday night, our
D6 Ministry Night
begins with dinner together.

We are looking for individuals, families,
or groups who would be willing to
provide a meal for approximately
45-50 people.

This includes children and youth
participating in our ministries
and their families.

This is a simple and meaningful way to serve
our D6 families and help make Sunday nights
special!



Interested in providing a meal?

Please contact Brooke for more information.



from Deb Benton Music Director
I was remembering David Letterman and his "Top Ten List," so I thought I would expand that to include...

The Top Ten Reasons to Join a Choir!

- No. 10.** **Spiritual Growth:** Singing in a choir allows you to lead the congregation in worship.
- No. 9.** **The Choir Becomes a Family:** You make close friends and feel less isolated.
- No. 8.** **Choir helps release stress:** Singing lowers stress, can raise your mood and help with well-being.
- No. 7.** **Learn musical knowledge free:** You improve your voice and learn to read musical terms and notes.
- No. 6.** **Health Benefits:** Choral singing improves posture and breathing. It helps you keep your mind sharp.
- No. 5.** **Intergenerational relationships:** Young and not as young, learn to sing together blending their voices and souls in harmony.
- No. 4.** **Avenue to Serve God:** Using your individual and personal talents all help your choir to be unique.
- No. 3.** **Teamwork:** Each singer learns to listen, sing and blend their voice with others.
- No. 2.** **Joy and Fun:** Yes! Making a joyful noise and sharing emotions as we sing a variety of musical styles.
- No. 1.** **And the number one reason you should join the choir...**
Music and Serving is Biblical: The more voices, young and not as young, help to shape the choir at Duck Church and make it truly inspirational and totally unique to worship. We welcome everyone that wants to share in worship at Duck Church. Make a difference! We need you!
Soli Deo Gloria,

Deb



 **Caring Hands...**
continues to serve..

The BUILDING & FIXING Corner

Did you know that Duck Church has a ministry that is so serious about "Becoming Like Jesus" and "Doing as He Did" that we are following in His footsteps as carpenters? Caring Hands, the church's construction and handyman ministry, has been around since before its massive efforts to help Mississippi victims of Hurricane Katrina in 2005. The ministry has a small line in the annual budget for tools and food - most of today's projects get funded by Interfaith Community Outreach or Dare County Social Services. Most of the volunteers are from Duck church, but we have some who attend church elsewhere or not at all. Our mission is primarily to those with physical needs or who can't afford to pay for needed repairs.

In the past three months, we have installed a new sliding patio door for one of our church families, removed an old storm door and replaced it with a new one for a widow in Manteo, and built a ramp for a mother and her elderly son. It's a blessing to be able to help others, to pray with them, and to have a good time doing it!

If you're interested in helping when you're available, please give the church office a call or call or text John Park at (703) 508-6826.

October 2026

A time to plant, a time to reap...

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



EVERY
WEDNESDAY
Pastor's
Bible Study
10:00 AM

Duck Methodist
Women Meeting
9:30 AM
Food For Thought
Packing
10:00 AM

Ladie's
Bible Study
1:00 PM
Couple's
Bible Study
7:00 PM

Random
Act of
Kindness
Thursday
Do Something
Nice for
for Someone

MEN
Duck
Men's Breakfast
8:00 AM

D6
D6
5:00 - 7:00 PM

D6
D6
5:00 - 7:00 PM

Duck Call Deadline
October 12th

EVERY
TUESDAY
AA
7:00 PM

Silver Link
planning group
9:30 AM
Food For Thought
Packing
10:00 AM

EVERY
THURSDAY
Choir Practice
5:00 PM
Join Us!

Trunk or Treat
4:00 - 6:00 PM

**TRUNK
OR TREAT**

D6
D6
5:00 - 7:00 PM

EVERY
MONDAY
Prayer Ministry
in the Chapel
8:00 AM
Mom's Bible Study
9:30 AM
Joshua's Men
6:30 PM

Silver Link
luncheon
NOON

YOUNG
ADULT
SMALL GROUP
**Bonfire
Night**
OCTOBER 23
6-8 PM

A
Good Day
to Rejoice in
God's
Goodness.
(indeed)

**Tailgate
Sunday!**
Church at 10:00 AM
followed by Lunch!
(back parking lot)
Youth Group...
College Care
Packing



Oh...
It's
On!

Go Duck Church!

Food For Thought
Packing
10:00 AM

**Trick or
Treat!**



WORSHIP SERVICES

Traditional Sunday Worship Services - 8 & 9:30 AM

Contemporary Sunday Worship Service - 11AM

Sunday School - 9:15 - 9:30 & 10:45AM

The Care Ministry Contact Person
for October is Sandra Arnoult.

Please contact the church
for her number. *Be well in Christ.*





We're sending some love to our Duck Church college students...

COLLEGE CARE PACKAGES

Bring items to donate for the care packages

See Front Page for Details

Oct. 4th: Fields of Faith at Manteo High School

Oct 11th: Make Your Circle a U

Oct. 18th : When Friendship Goes Bad

Oct. 25th : College Care Packages

We're wrapping up our series on friendship this month. Unfortunately, sometimes friendships can become exclusive, and cliques form. And then other times, friendships completely fall apart. How do we as Christians deal with friendship changes? We'll be talking about that this month at youth group!

Youth Group includes: Dinner, Games, Worship, Lesson, & Small Groups

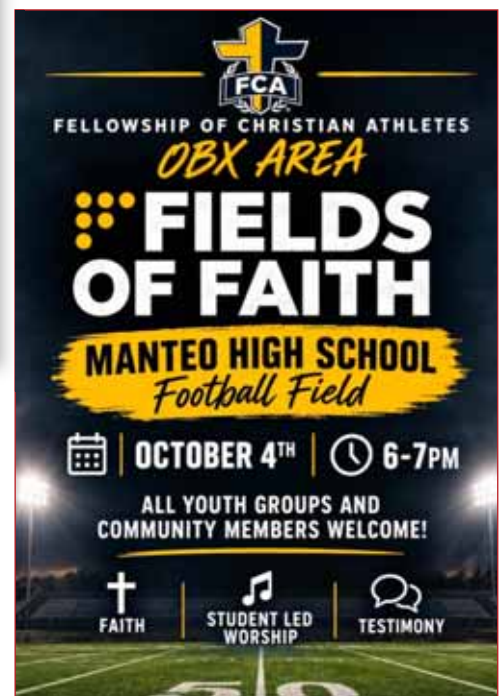


If you need a ride, our church bus picks up students at the Marketplace in Southern Shores at 4:45 PM on Sundays. They are returned to the Marketplace around 7:15 PM.



On Sunday, October 4th, we will gather with other youth groups and Christian students on the beach for **FCA's Fields of Faith**.

On the way, we'll grab dinner. And then at Fields of Faith, we'll worship, hear testimonies from students, and pray together. It's gonna be an amazing, encouraging night! This would be a great night to invite a friend who doesn't know Jesus yet!



Imagine a weekend with friends, hanging out, spending time with God, and leaving refreshed in your soul. The weekend of November 13th-15th, we're headed to the Cape Hatteras KOA Campground for our fall retreat! Over the weekend, we'll enjoy time together by campfires, cooking camp food, at the beach, HEATED pool, hot tub, basketball court, volleyball court, etc. We'll be staying in deluxe cabins with beds and heating and air!

And we'll experience God together as we worship and learn from God's word.

Cost: \$100 per student, Cost includes one of our new youth group t-shirts!

Partial scholarships available. **Registration Deadline: October 11th**

Family Ministries

DELTA CLUB-

We have just begun our third year of DELTA Club. All kids in grades 1-6 are welcome to join! It is held on Sunday nights from 5-7 PM and includes dinner. We aim to become Disciples equipped for life, transformation and action! We will dive into Bible Stories, we memorize scripture, play games, learn life skills and make new friends!

DELTA Club is a part of our larger D6 Ministry- with options for the whole family to connect and grow closer to the Lord- Parents/Guardians, we invite you to stay and be a part of a small group called Disciple makers at Home. The Nursery is available for babies-Kindergarten-which will include crafts a short lesson. We also have a Youth Group for grades 6-12 as well.

Toddler Time- (See next page)

Toddler Time is Tuesdays from 9 AM-11 AM. It is open to any babies through preschool aged children and their caregivers in our church or community. Invite a friend to come!

Trunk or Treat- (See page 4)

For the 3rd year in a row, we will be participating in The Town of Duck's Trunk or Treat event. We decorate the church bus to represent the next year's Vacation Bible School Theme. We would absolutely love if you would come help us make caramel apples- **Thursday, October 15th at 10AM** to hand out at the event. If you would like to help hand out goodies to the kids at Trunk or Treat, please reach out to Brooke! The more the merrier!!!



DELTA CLUB

GROWING IN FAITH.
BUILDING FRIENDSHIPS.
MAKING A DIFFERENCE.

DISCIPLES EQUIPPED FOR
LIFE, TRANSFORMATION AND ACTION

WHAT IS DELTA CLUB?

Disciples equipped for Life, Transformation and Action—it's what we hope the children who attend our DELTA Club will become.

Through Bible Exploration, Scripture Memory, Life-Skill activities, games and much more, kids will learn the importance of following Christ fully in every area of their lives.

THROUGH:

- BIBLE EXPLORATION
- SCRIPTURE MEMORY
- LIFE-SKILL ACTIVITIES
- GAMES & FUN!
- AND MUCH MORE!

JOIN US!

SUNDAY NIGHTS
AT DUCK CHURCH
5-7 PM
BEGINNING
SEPTEMBER 20TH

GRADES
1-6

INCLUDES
DINNER

\$10
PER SEMESTER
INCLUDES TEE SHIRT,
LANYARD, BOOK
AND SUPPLIES

SCAN TO
SIGN UP!

DUCK CHURCH
A GLOBAL METHODIST COMMUNITY

**FOLLOW CHRIST.
LIVE IT. SHARE IT.**





TODDLER Time:
Free Play Dates at
Duck Church
Tuesday's 9-11AM

Open to all
Babies-Preschool age
kids and their
parent/guardians.

Coffee/Hot Tea
available for the
parents to sip on as
their littles play.

*Come play, connect,
and make new friends!*



YOUNG ADULT SMALL GROUP

Bonfire Night

OCTOBER 23
6-8 PM

Young adults! We're gathering for a night of fall fun and fellowship on October 23rd. Anyone ages 18-35ish are welcome. Details on location coming later. Contact Pastor Amy for more details, 252-489-9965.

DUCK • NC TURKEY TROT 5K

Duck Church is back as one of the top sponsors for the 2026 Duck Turkey Trot. Here are 4 ways you can get involved:

- 1. Pack Swag Bags, November 5th** – Join the Methodist Women in packing the 750 swag bags for the event participants. (There's need to be a woman to participate. The more the merrier!) This year, Duck Church will include a flyer about our church, a New Testament, and a candle with a Scripture message.
- 2. Volunteer at Packet Pickup, November 25th**, from 3 - 6:30 PM – Help welcome runners as they pick up their race gear the day before Thanksgiving.
- 3. Run or Walk, November 26th** – 9 AM
As a lead sponsor, Duck Church gets 10 free race registrations. Represent Duck Church as a runner or walker.
- 4. Mile Marker cheerleaders & decorators** – Duck Church will be sponsoring one of the mile marker stations. We'd love to have people cheering on runners, wearing Duck Church gear and maybe holding signs. If you'd like to pack swag bags, just show up on November 5th. For all other ways to be involved, please contact Pastor Amy to sign up. Thank you for investing in this opportunity to serve and be God's love in our community!.

DUCK • NC TURKEY TROT 5K

Be a Part!

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POST OFFICE BOX 8010
DUCK, NORTH CAROLINA
27949-8010

Prayer Requests

Please call the church office if you do not have e-mail and would like to receive notices of prayer requests.

To Communicate ~

Call us at 252-261-1525

Monday through Thursday
8AM to 4PM or

Email anytime at:

office@duckchurch.org

On-line worship: please contact the church office if you are unable to get the virtual worship service.... *God Bless.*

Office Hours:

Please call Monday ~Thursday – 8:00 to 4:00 PM

Follow us on Facebook for all the latest news:

Duck Church



The deadline for the November Duck Call is October 12th. Thanks.

The Beach Food Pantry has been an important mission for Duck Church for oh, as many years as any of us can remember!

Certainly, long before the turn of the century! (I only know that because my mother was the Duck Church Beach Food Pantry Coordinator before Y2K!)

The Beach Food Pantry (BFP) was organized by a few local religious organizations in 1989. In 1992, the BFP incorporated. In 2004, they became an IRS Tax-Exempt 501(c)(3) non-profit organization.

Over the years, the BFP has been located at St. Andrews by the Sea Episcopal Church and Holy Trinity in Nags Head; the Emergency Medical Services station in Kill Devil Hills; Southern Shores; and various locations in Kitty Hawk. In January 2016, they moved to their new permanent home at 4007 North Croatan Highway in Kitty Hawk. In January 2025, a satellite location was opened in Rodanthe!

The Pantry strives to provide healthy and nutritional food items which include pantry staples, fresh vegetables, frozen items, meat and dairy. It is their firm belief that healthy eating and well-rounded food choices are of utmost importance in today's busy households.

"And if you spend yourselves in behalf of the hungry, and satisfy the need of the oppressed, then your light will rise in the darkness, and your night will become like the noonday."

—Isaiah 58:10



How do they do this, you might ask? Well, the BFP provides:

- 1.) In-store shopping for a "full shopping experience" for individuals experiencing a temporary crisis or emergency and need food assistance. Clients can shop 6 times a year and receive approximately 2 weeks of groceries. Their visits should be at least 30 days apart unless there are special circumstances.
- 2.) On-line shopping for essentials;
- 3.) Summer Food for Kids which gives parents that live OR work in Dare County access to healthy, nutritional food choices for their children, ages 0-18 years old, throughout the summer months. Did you know that approximately 40% of students enrolled in our schools meet the federal criteria for free/reduced breakfasts and lunches? The school meal program is curtailed once the school year ends – but we know hunger doesn't take a summer break!
- 4.) Mobile Pantry events where their signature "shopping" experience is brought to neighborhoods identified as having the highest need and/or transportation challenges.
- 5.) Produce stands happen when they receive an abundance of fresh produce. You'll know that's happening when you see the aqua colored produce stands in the outer edge of the parking area with tents over them!
- 6.) And Holiday meals for the November and December Holidays.

Stay tuned for next month's newsletter to learn how Duck Church has supported the BFP over the years, and what YOU can do to continue this important mission!